

# 科隆体育大学及 IESF 学院介绍

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## 一、 科隆体育大学介绍

科隆体育大学建于 1947 年，坐落在德国北威州科隆市西郊的体育公园内，紧靠德甲科隆队的主场——莱茵能源体育场（RheinEnergieSTADION）。德国科隆体育大学是德国唯一一个专门从事体育和运动科学的大学，高度结合了高质量教学任务以及高水平的研究成果，在教学与国际研究上处于世界顶尖水平。拥有来自 72 个国家的近 6000 名学生，是一所享誉世界的、欧洲最大的体育大学。学校的 Logo 校徽是蓝色的希腊神庙，象征着奥林匹克的孕育地，四个柱子分别代表着坚强、真实、善良、美丽。



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科隆体育大学一共设有 19 个学院<sup>1</sup> (Institute), 4 个附属机构和 5 个中央科研机构, 德国竞技体育研究中心、兴奋剂研究中心是比较出名的两个研究机构, 德国国家队所有的大数据分析以及运动员能力评估都是出自竞技体育研究中心。

	<b>Institute of Biochemistry</b> <a href="#">more</a>		<b>Institute of Biomechanics and Orthopaedics</b> <a href="#">more</a>
	<b>Institute of Cardiology and Sports Medicine</b> <a href="#">more</a>		<b>Institute of Communication and Media Research</b> <a href="#">more</a>
	<b>Institute of Dance and Movement Culture</b> <a href="#">more</a>		<b>Institute of European Sport Development and Leisure Studies</b> <a href="#">more</a>
	<b>Institute of Exercise Training and Sport Informatics</b> <a href="#">more</a>		<b>Institute of Movement and Neurosciences</b> <a href="#">more</a>
	<b>Institute of Movement and Sport Gerontology</b> <a href="#">more</a>		<b>Institute of Movement Therapy and Movement-oriented Prevention and Rehabilitation</b> <a href="#">more</a>
	<b>Institute of Outdoor Sports and Environmental Science</b> <a href="#">more</a>		<b>Institute of Pedagogy and Philosophy</b> <a href="#">more</a>
	<b>Institute of Professional Sport Education and Sport Qualifications</b> <a href="#">more</a>		<b>Institute of Psychology</b> <a href="#">more</a>
	<b>Institute of School Sport and School Development</b> <a href="#">more</a>		<b>Institute of Sport Economics and Sport Management</b> <a href="#">more</a>
	<b>Institute of Sport History</b> <a href="#">more</a>		<b>Institute of Sport Law</b> <a href="#">more</a>
	<b>Institute of Sociology and Gender Studies</b> <a href="#">more</a>		

<sup>1</sup> <https://www.dshs-koeln.de/english/university-facilities/scientific-institutions/>

## 二、 本硕博专业设置

➤ 本科：6 个，均为德语授课<sup>2</sup>。











 <b>B.A. Sport Management and Sport Communication</b> <a href="#">more</a>	 <b>B.A. Sport and Health in Prevention and Therapy</b> <a href="#">more</a>
 <b>B.Sc. Sport and Performance</b> <a href="#">more</a>	 <b>B.A. Sport and Movement Mediation in Leisure and Recreational Sports</b> <a href="#">more</a>
 <b>B.A. Sport Journalism</b> <a href="#">more</a>	 <b>B.A. Physical Education</b> <a href="#">more</a>

本科申请条件为：

- ✓ 大学入学资格（**Abitur**，即类似于国内高考）；
- ✓ 科隆体育大学的体育测试；
- ✓ 德语达到 DSH 2、 TestDaF TN4 级别以上或 Telc C1 优秀以上
- ✓ 资金证明。非欧盟学生必须提交一份可以承担 6-8 学期所有费用的证明。大致费用为每学期 250 学期费，每月 800 生活费。

<sup>2</sup> <https://www.dshs-koeln.de/english/studying-structure/full-time-studies/bachelor-programme/>

- 硕士共开设 10 个专业，其中有 4 个为全英文授课<sup>3</sup>。为保证教学质量，每专业每年招生限制为 30 人，其中 2 个名额为非欧盟学生。

 <b>M.Sc. Sport and Movement Gerontology (GERMAN)</b> <a href="#">more</a>	 <b>M.Sc. Sport Tourism and Destination Management (GERMAN)</b> <a href="#">more</a>
 <b>M.A. Sport, Media and Communication Research (GERMAN)</b> <a href="#">more</a>	 <b>M.Sc. Sport Management (ENGLISH)</b> <a href="#">more</a>
 <b>M.Sc. Performance, Training and Coaching in Elite Sport (GERMAN)</b> <a href="#">more</a>	 <b>M.Sc. Human Technology in Sports and Medicine (ENGLISH)</b> <a href="#">more</a>
 <b>M.A. Rehabilitation, Prevention and Health Management (GERMAN)</b> <a href="#">more</a>	 <b>M.Sc. Psychology in Sport and Exercise (ENGLISH)</b> <a href="#">more</a>
 <b>M.A. International Sport Development and Politics (ENGLISH)</b> <a href="#">more</a>	 <b>M.Ed. Physical Education (GERMAN)</b> <a href="#">more</a>

硕士申请条件为：

- ✓ 大学本科相关专业学分不低于 180（根据 ECTS）；
- ✓ 平均绩点不高于德国 2.5（德国满分 1.0）或不低于 B（ECTS 标准）；
- ✓ 英文授课专业要求为：TOEFL 不低于 95 分、雅思不低于 7.0 或剑桥 C1 证书；
- ✓ 德语授课专业要求为：DSH 2、TestDaF TN4 级别以上或 Telc C1 优秀以上；
- ✓ 个人简历和动机信

<sup>3</sup> <https://www.dshs-koeln.de/english/studying-structure/full-time-studies/master-programme/>

- 科隆体育大学每年约招收 40 名左右博士研究生。具体情况和要求如下：

The German Sport University (GSU) confers the academic degree Ph.D. following the successful completion of the Ph.D. studies, a scientific dissertation and an oral examination.

For information about formal issues regarding your Ph.D. application, financing your Ph.D. or Ph.D. courses, please contact the Ph.D. Office (see contact).

The conferred degree options are:

- > Ph.D. Exercise Science
- > Ph.D. Natural Science
- > Ph.D. Social Science

Ph.D. studies can be completed both in English or German language. The respective language requirements have to be fulfilled:

- > German language:
  - > DSHII certificate
  - > TestDaF TN4 certificate
  - > Telc C1 "Hochschule"
- > English language:
  - > TOEFL iBT  $\geq 95$  points
  - > IELTS British Council  $\geq 7$  points
  - > Cambridge C1 level

### 三、 欧洲体育发展与休闲研究学院（Institute of European Sport Development and Leisure Studies）

#### 1. IESF 学院介绍

1990 年，德国科隆体育大学前任校长 Tokarski 教授引入《休闲研究》科研方向及课程，1992 年，德国科隆体育大学“休闲研究学院”正式成立，并深入开展德国及欧洲休闲领域研究活动。1995 年学院引入《欧洲体育研究》科研方向及课程，并开始相关领域研究。2005 年学院正式更名为“欧洲体育发展与休闲研究学院”。2011 年，Mittag 教授被任命为学院院长，并被授予欧盟让-莫内教授称号。目前，学院共为科隆体育大学 11 个方向的本、硕专业提供必修及选修课程（如，“体育管理”硕士研究生专业的《欧洲与国际体育政策》必选模块课程、“体育旅游与休闲管理”硕士研究生专业以及“体育、户外教育及运动”本科学士专业的相关必修课程等）。2016 年，学院正式开设英文授课硕士研究生专业，即“国际体育发展与政策学”（International Sport Development and Politics）专业。

学院研究领域主要涉及：地方、全国、欧洲及国际体育体系及政策比较研究、体育相关类政策研究、体育与国家发展研究、旅游与体育研究、休闲与生活方式研究。除承担学校本、硕、博士专业学生及科研人才的培养工作外，学院每年举办不同级别的体育学术会议及论坛（如，德国体育政策研究论坛、国际体育治理研讨会、国际体育体系理论分析研讨会等）。为推动与我国高等教育院校的科研合作以及我国未来科研人才的培养，学院与我国多所院校共同推出系列中德体育学术会议及讲学活动，并每年面向我国本、硕、博士学生开办暑期研修班。

详见 IESF 学院主页



## 2. DEV 硕士专业介绍（详情见下页 pdf）





Master's Degree Programme

# M.A. International Sport Development and Politics



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Thank you for your  
interest in our German  
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## The Master's programmes at the German Sport University Cologne

The German Sport University Cologne offers nine consecutive Master's programmes, which complement and deepen scientific knowledge. On completion, the students are awarded either the internationally recognized title of *Master of Arts (M.A.)* or *Master of Science (M.Sc.)*. Each programme has a regular duration of four semesters in which 120 credit points must be obtained. The programmes are accredited as full-time, on-site degrees and have a limited number of participants. At present 30 places are available per degree course. The intake is once per year in the winter semester.

[www.dshs-koeln.de/master](http://www.dshs-koeln.de/master)

- M.A. Sport, Media and Communication Research
- M.A. Rehabilitation, Prevention and Health Management
- M.A. International Sport Development and Politics
- M.Sc. Sport Management
- M.Sc. Human Technology in Sports and Medicine
- M.Sc. Sport and Movement Gerontology
- M.Sc. Sport Tourism and Destination Management
- M.Sc. Performance, Training and Coaching in Elite Sport
- M.Sc. Psychology in Sport and Exercise



### Costs

Semester fee: approx. 280,00 Euro



## Application

- only for the winter semester
- online application
- electronic application for admission is complemented with additional documents (PDF upload)
- application deadlines\*:
  - for non-EU citizens: 31<sup>st</sup> May
  - for GER & EU citizens: 15<sup>th</sup> July

\*Subject to change. For further information please see:

[www.dshs-koeln.de/master-dev](http://www.dshs-koeln.de/master-dev) » Application



Further information:  
[www.dshs-koeln.de/master](http://www.dshs-koeln.de/master)

Master's Degree Programme  
**M.A. INTERNATIONAL SPORT  
DEVELOPMENT AND POLITICS**

The *M.A. International Sport Development and Politics* combines sport sciences with social sciences and humanities as well as economics and management. The programme aims at a comprehensive understanding of structures, actors and conflicts in sport and physical activity. It contributes in particular to an international focus on sport including transnational and comparative dimensions.

The programme is highly research oriented and fosters problem-solving abilities as well as methods for understanding and analysing sport.

[www.dshs-koeln.de/master-dev](http://www.dshs-koeln.de/master-dev)





## Target Group

The *M.A. International Sport Development and Politics* targets graduates with a background in sport studies or a related degree in politics, sociology or economy.

Having practical experience with and in sport is considered helpful. Considering the interdisciplinary nature of the master programme, it is in principle open to applicants from other disciplines.

You can use the **MasterCheck** to see whether the degree matches your expectations; please see the following link:

[www.dshs-koeln.de/master-dev](http://www.dshs-koeln.de/master-dev)

» **Objectives and target group**



## Qualification Targets

The study programme addresses a set of five key competencies:

- advanced research skills
- independent knowledge acquisition and critical thinking
- professionalism and vocational orientation
- internationalisation and intercultural learning
- diversity competence.



## Study Programme

Divided into 12 modules, the curriculum features basic, advanced and specialized courses that enable a progressive learning process. Courses are taught by the staff of the Institute of European Sport Development and Leisure Studies, the

Institute of Sport History and other Departments at the GSU.

**1st Semester:** Fundamentals and Topics of Sport Development, Measurement and Evaluation, International Sport Governance, Olympic Movement and its Management

**2nd Semester:** Sport Sociology, Sport Law, Sport Business, Sport Economics, Research Project, Field Trip to Brussels

**3rd Semester:** Sport for Development, Sport Politics: Values, Frameworks and Institutions, Sport Politics: Comparative and International Sport Structures and Processes, Sport Policies: Past, Present and Future Fields of Challenges for Sport Development

**4th Semester:** Master Thesis.

[www.dshs-koeln.de/studydocuments\\_en](http://www.dshs-koeln.de/studydocuments_en)



## Career Perspectives

Graduates of the *M.A. International Sport Development and Politics* are well-equipped for leading positions in all kinds of national and international sport clubs and organisations, governments and administrations, NGOs, social agencies and commercial enterprises. Graduates are also qualified for further academic research pursuing a doctoral degree. The *M.A. International Sport Development and Politics* degree enables consecutive postgraduate studies earning a doctor's degree.



## Admission Requirements

The following requirements apply to the *M.A. International Sport Development and Politics*:

- completion of an undergraduate degree in a related field of study (>180 credit points according to ECTS)
- proof of ability (above-average final grade of either 2.5 or higher in the German system or B according to ECTS)
- certified English language proficiency (see requirements for TOEFL and IELTS scores or CAE-level)
- passing the physical aptitude test is **not** an admission requirement.

[www.dshs-koeln.de/master-dev](http://www.dshs-koeln.de/master-dev) » Admission requirements

## Contacts

Deutsche Sporthochschule Köln  
German Sport University Cologne  
Am Sportpark Müngersdorf 6  
50933 Cologne - Germany

### Student Advisory Service

[studienberatung@dshs-koeln.de](mailto:studienberatung@dshs-koeln.de)

[www.dshs-koeln.de/studienberatung](http://www.dshs-koeln.de/studienberatung)

### Application

[masterbewerbung@dshs-koeln.de](mailto:masterbewerbung@dshs-koeln.de)

### Programme Director

*Univ.-Prof. Dr. Jürgen Mittag*

*Univ.-Prof. Dr. Stephan Wassong (Vice Program Director)*

### Programme Coordinator

*Maximilian Seltmann*

[master-dev@dshs-koeln.de](mailto:master-dev@dshs-koeln.de)

[www.facebook.com/iesfdev](http://www.facebook.com/iesfdev)



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## German Sport University Cologne

The German Sport University Cologne combines qualified teaching and international research of the highest level. It is the only university in Germany that is dedicated exclusively to the world of sport and exercise science. All aspects of this exciting field are studied in detail at 19 institutes, four affiliate institutes and nine academic centers.



### 3. 学院下设研究中心：中欧体育政策研究中心

中欧体育政策研究中心成立于 2012 年 9 月。随着近十年的发展，研究中心一直秉持着加深中国和欧洲之间体育相关方面跨国合作的理念，涉及从体育政治政策到经济发展，从竞技体育到大众体育，从大型体育赛事到俱乐部体育等领域的研究。





本研究中心开展了如下工作：

- 与国内多所高校、科研院所和俱乐部等建立了联系并展开了合作

 <b>Beijing Sport University (BSU)</b> <a href="#">more</a>	 <b>School of Sport Leisure, Recreation and Arts of Shanghai</b> <a href="#">more</a>
 <b>Institute of Sport culture of Tianjin University of Sport</b> <a href="#">more</a>	 <b>Institute of Physical Education of Wuhan Sports Universit</b> <a href="#">more</a>
 <b>Chengdu Sports University (CdSU)</b> <a href="#">more</a>	 <b>Association of Community Sports Clubs of Shanghai (SCCSA)</b> <a href="#">more</a>
 <b>Euro-China Sport Development Association e.V. (ECSDA)</b> <a href="#">more</a>	

- 主办多场中—德国际学术论坛

For the sake of deepening academic communication among Chinese and German/ European researchers, the Institute of European Sport Development and Leisure Studies offers academic conference every two years in GSU regarding to the current Chinese and German / European Sport development. All researchers interested in topics of the conference are welcomed to take part in the discussion.

 <b>Sport Development and Sport Business in Times of Crisis: Challenge and Perspectives, 2020</b> <a href="#">more</a>	 <b>Urban Sport and Health Development, 2019</b> <a href="#">more</a>
 <b>Changing sports development: China and Europe, 2017</b> <a href="#">more</a>	 <b>Archives</b> <a href="#">more</a>

➤ 自 2016 年起，每年开办短期暑期学术研修班

The IESF offers annual summer school for scholars, teaching staffs and students who have particular interests in comparative studies or transnational research projects.

This academic short-time training program aims at offering the opportunity to become familiar with several academic approaches on Europe such as sports systems, education systems, and sport governance. In addition, leisure sport, tourism, sport management, and other academic aspects of sport studies in Germany and Europe will be covered.

The summer school also offers a framework for further orientation on study requirements at German Sport University Cologne in Germany.

 <b>General Information</b> <a href="#">more</a>	 <b>3rd Summer School</b> <a href="#">more</a>
 <b>2nd Summer School</b> <a href="#">more</a>	 <b>1st Summer School</b> <a href="#">more</a>

➤ 于多所中国高校开展学术讲座（2019 年）

Müller-Schoell, Till: European Sport Sector - one model or several? Talk at Beijing Sport University, 15. March 2019.

Müller-Schoell, Till: European Sport Diversity Studies. Talk at Tianjin University of Sports, 14. March 2019.

Müller-Schoell, Till: European Sport Sector - one model or several? Talk at Tianjin University of Sports, 13. March 2019.

Müller-Schoell, Till: Sport Development - European Level. Talk at Tianjin University of Sports, 12. March 2019.

Mittag, Jürgen: Characteristics and challenges of German non-profit sports clubs and voluntary work, Talk at Wuhan Sports University, 2. March 2019.

更多相关合作及活动，详见中欧体育政策研究中心主页



#### 4. 相关科研人员介绍

姓名	Jürgen Mittag	出生年份	1970	
工作单位	德国科隆体育大学 欧洲体育发展与休闲研究学院	学术领域	体育政策研究 体育治理 体育史 体育体系比较 旅游与运动休闲	
职称	教授	职务	院长	
通讯地址	German Sport University Cologne Institute of European Sport Development and Leisure Studies Am Sportpark Müngersdorf 6	电话	+49-(0)221-4982-2690	
		Email	mittag@dshs-koeln.de	
		邮编	50933 Cologne Germany	
主要学术 头衔及荣 誉称号	欧盟让·莫内教授			
主要社会及学术 兼职	<p>2014 年至今 德国历史社会学研究量化及方法学学会 副主席</p> <p>2013 年至今 欧足联学术 董事</p> <p>2013 年至今 欧洲政策学院学术 董事</p> <p>2012 年至今 鲁尔博物馆基金会 荣誉董事</p> <p>2012 年至今 Historical Social Research (HSR) 联合主编</p> <p>2012 年至今 德国柏林约翰-内斯劳基金会 董事</p> <p>2010 年至今 欧洲联盟协会波鸿地区主席</p> <p>2017 年至今 莱比锡体育科学文献杂志 评审</p> <p>2017 年至今 欧洲体育与社会学杂志 评审</p> <p>2017 年至今 空间与文化杂志 评审</p> <p>2017 年至今 全球体育管理杂志 评审</p> <p>2017 年至今 德国历史学家协会 评审</p> <p>2014 年至今 FWO 科研基金会 评审</p> <p>2013 年至今 Routledge 出版社、曼彻斯特大学出版社及其他多家英国出版社 评审</p> <p>2013 年至今 欧足联-科研奖金 评审</p> <p>2013 年至今 体育政治与政策国际杂志 评审</p> <p>2013 年至今 德国科研基金会 评审</p> <p>2011 年至今 瑞士国家科学基金会 评审</p> <p>2011 年至今 体育与欧盟综述 杂志评审</p> <p>2010 年至今 欧洲议会与欧洲委员会 评审</p> <p>2010 年至今 德国学术交流服务中心 评审</p>			
主要学术 成就	<p>2013 年德国科隆体育大学教学奖（讲座类）</p> <p>2011 年欧洲委员会授予让-莫内教授</p> <p>2008 年蒂森基金会旅程奖学金</p> <p>1997/98 年度剑桥大学奖学金</p>			

更新 2018

姓名	MÜLLER-SCHOELL 穆勒邵尔	出生年份	1974	
工作单位	德国科隆体育大学 欧洲体育发展与休闲研究学院	学衔	博士	
职称	高级副研	职务	学术顾问	
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		Email	t.mueller-schoell@dshs-koeln.de	
		邮编	50933 Cologne Germany	
主要科研领域	体育政策研究 体育治理研究 劳动力市场与社会政策研究 比较政治经济学			
主要教学科目	体育管理与组织学 体育政策学与体育协会 体育功能多样性研究 实证性科研方法学 欧洲一体化、欧共体与体育研究			
主要科研项目	2017 年至今：National Sports Governance Observer: Benchmarking sports governance across national boundaries 2015 年至 2017 年：Media Monitoring within the Framework of Children Win			
其它主要学术经历	2017 年至今：德国 科隆体育大学 欧洲体育发展与休闲研究学院 POLITIKARENA 期刊 总编 2008 年至 2014 年：德国 汉斯-伯克勒基金会 经济与社会研究所 WSI 期刊 学术编辑 2006 年至 2014 年：德国 汉斯-伯克勒基金会 经济与社会研究所 副研究员 2007 年：德国 不来梅大学 政治学博士 2001 年至 2005 年：德国 马克斯·普朗克社会研究院（马普所） 副研究员			